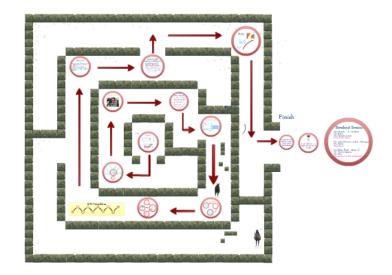
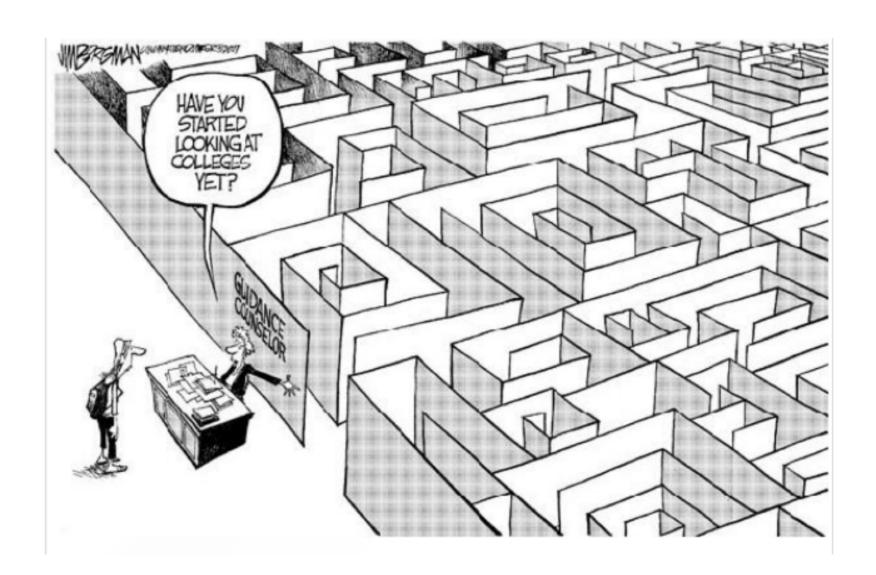
Nuts and Bolts Night 2016 SHS School Counseling Department

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Mrs. Janusie Lussier: Carrent - Giorda Bussier Belgreweberg k12 zus. zo Ms. Kathy Fleigh: Moein. - Politi http://gothecombary.kt/Lenaum 500:041.8018 Director: Mrs. Ng. Hoyah A - I nitayeh@shrewibury.k12.ms.so 508.841.8924

Mex. Judy O'Connor: Godekjaconnor@shreenbury.htt2.tru. 6a8.8st 4819 Mr. Lee Durawopoetor: Poogry - 5 Idama a topcoloogish rembury ht 2 ma 500,041,8852 Rogicarar: Mrs. Gall King gking@obrewsburyk12.co.co 506.641.0013





Nuts and Bolts Night 2016 SHS School Counseling Department

Mr. Frank Flynn: Balogun - Cresham-Mannion fflynn@shrewsbury.k12.ma.us 508.841.8851

Mrs. Jammie Lussier: Current - Giordano jlussier@shrewsbury.k12.ma.us 508.841.8827

Mrs. Judy O'Connor: Godek - Lade joconnor@shrewsbury.k12.ma.us 508.841.8829

Ms. Susie Eriole: Lal - Montague seriole@shrewsbury.k12.ma.us 508.841.8830

Ms. Kathy Floyd: Morin - Polito kfloyd@shrewsbury.k12.ma.us 508.841.8818

Mr. Lee Diamantopoulos: Poojary - Smith ldiamantopoulos@shrewsbury.k12.ma.us 508.841.8852

Mrs. Jessica Rice: Smolinsky - Z jrice@shrewsbury.k12.ma.us 508.841.8834

Director: Mrs. Nga Huynh A – Baldino nhuynh@shrewsbury.k12.ma.us 508.841.8824

Registrar: Mrs. Gail King gking@shrewsbury.k12.ma.us 508.841.8813 (Mrs. Murphy: Support Staff) Mr. Frank Flynn: Balogun - Cresham-Mannion fflynn@shrewsbury.k12.ma.us 508.841.8851

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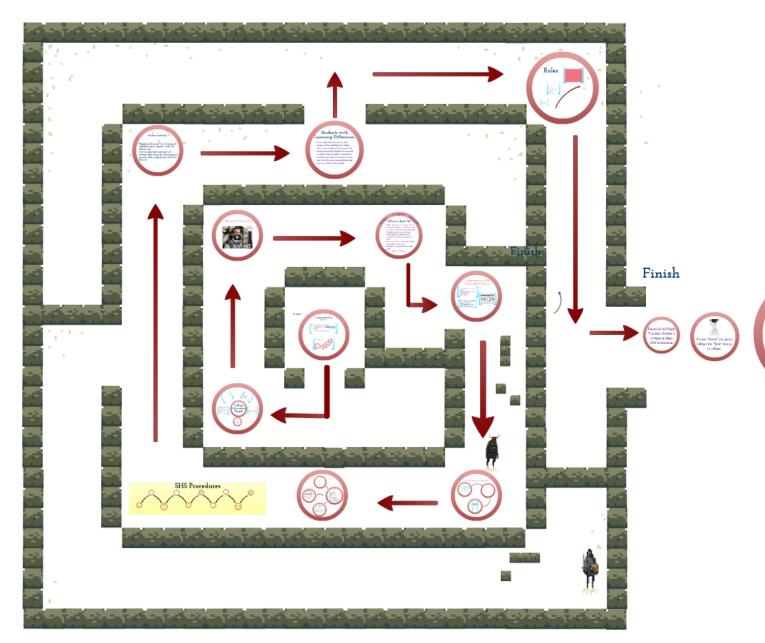
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Smith na.us



Breakout Session

Mrs. Huynh A - Goordano Mr. Flynn Mrs. Jammie Lussier Presentation Room

Ms. Kathy Flayd Marin - Z Ms. Dismantopoulos Ms. Rice Remain here in the Auditorius

START

Communication

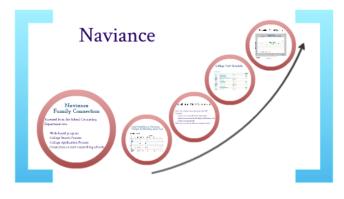
Going Green ...

School Counseling Department Website

The Counseling Connection:

SAT/ACT Calendar

Contact your student's school counselor



Going Green ...

School Counseling Department Website

The Counseling Connection:





SAT/ACT

Calendar

Contact your student's school counselor



The Counseling Connection

SHS School Counseling Newsletter: September 2016

Counselor Reflections





Naviance

Naviance Scattergrams



College Visit Schedule

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	College	Des	Learne	AND OWNER	Bayro
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PROPERTY	Part No. Port No. of Lot 1991	PALLOR			2181
principalities	Seek No. College	1004.12 (100)			

Naviance Family Connection

Accessed from the School Counseling Department site.

Web-based program
College Search Process
College Application Process
Great place to start researching schools

Track Deadlines in Naviance "Coleges I'm thinking about" List

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College Visit Schedule

Over 100 colleges and universities visit SHS

Listed in Naviance/Family Connection
Email Announcement if College on Naviance List

Must sign up a day in advance-Guidance Dept.

Naviance Family Connection

Accessed from the School Counseling Department site.

Web-based program

College Search Process

College Application Process

Great place to start researching schools

Track Deadlines in Naviance "Coleges I'm thinking about" List

My Colleges :: compare me

Colleges that I'm considering (add to this list)

_				-							
					App	lication	Deadlin	ies†			
College	Common App	Added By	Expected Difficulty*	My Interest	Early Decision	Early Action	Priority	Regular Decision	Actions	GRAPH	www
Boston Coll	Yes	counselor	N/A	N/A ▼	-	11/1	-	1/1	M		
Boston Univ	Yes	counselor	N/A	N/A 👤	11/1	-	-	1/1		ille.	mþ.
Fairfield Univ	Yes	counselor	N/A	N/A _	-	11/15	-	1/15	M	il.	
James Madison Univ	-	counselor	N/A	N/A _	-	11/1	-	1/15	M	il.	
UMD College Park	-	counselor	N/A	N/A 🔻	-	-	11/1	1/20	M	il.	
New York Univ	Yes	counselor	N/A	N/A _	11/1	-	-	1/1		ille	rijo
U of Rochester	Yes	counselor	N/A	N/A _	11/1	-	-	1/1	M	il.	mb.
Washington Univ in St Louis	Yes	counselor	N/A	N/A 💌	11/15	-	-	1/15	M	il.	

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College Visit Schedule

Over 100 colleges and universities visit SHS Schedule:

Listed in Naviance/Family Connection

Email Announcement if College on Naviance List

Daily Announcements

Must sign up a day in advance—Guidance Dept.

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Graph Legend

Accepted

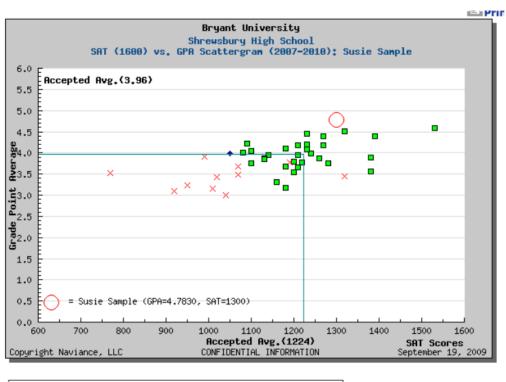
× Denied

College Visit Schedule

college visits

comege me					
	College	Date	Location	Registrations	Registration Deadline
information sign up	Worcester State University	9/17/12 9:00 AM		5	9/16/12
information sign up	Plymouth State University	9/17/12 10:00 AM		2	9/16/12
information sign up	<u>University at Buffalo The State University of New York</u>	9/17/12 11:00 AM		-	9/16/12
information sign up	Stonehill College	9/17/12 1:00 PM		1	9/16/12
information sign up	Sacred Heart University	9/18/12 8:00 AM		-	9/17/12
information sign up	Salve Regina University	9/18/12 9:00 AM		3	9/17/12
information sign up	George Mason University	9/18/12 11:00 AM		1	9/17/12
information sign up	Stony Brook University	9/18/12 1:00 PM		1	9/17/12
information sign up	Western New England University	9/19/12 8:00 AM		-	9/18/12
information sign up	Sweet Briar College	9/19/12 9:00 AM		-	9/18/12

Naviance Scattergrams









Application process
Application process
Application to the application process
Completed for the application and the applicati

College Admissions

Opportunitie

- Shrewsbury's visibility and reputation
- · Your son or daughter's academic preparation
- Diversity: gender, geography, socio-economic status, ethnicity

Challenges

- Number of students attending college
- The Economy
- Impact on community colleges, state colleges, and private colleges

College Admissions Trends

Everyone's Reach

Harvard, Dartmouth, Princeton, Yale, Brown, Columbia, Georgetown, Bowdoin, MIT, Swarthmore, Cornell, U/Penn, Stanford

UVA, University of Michigan, Cal Berkeley

Nearly Everyone's Reach

Boston College (even with a 3.8)

Williams, NYU, Middlebury, Amherst, Brandeis, Bowdoin, Colby, Hamilton, Tufts, Connecticut College, Vassar, others

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Harvai Col

Swa

UVA

College Admissions

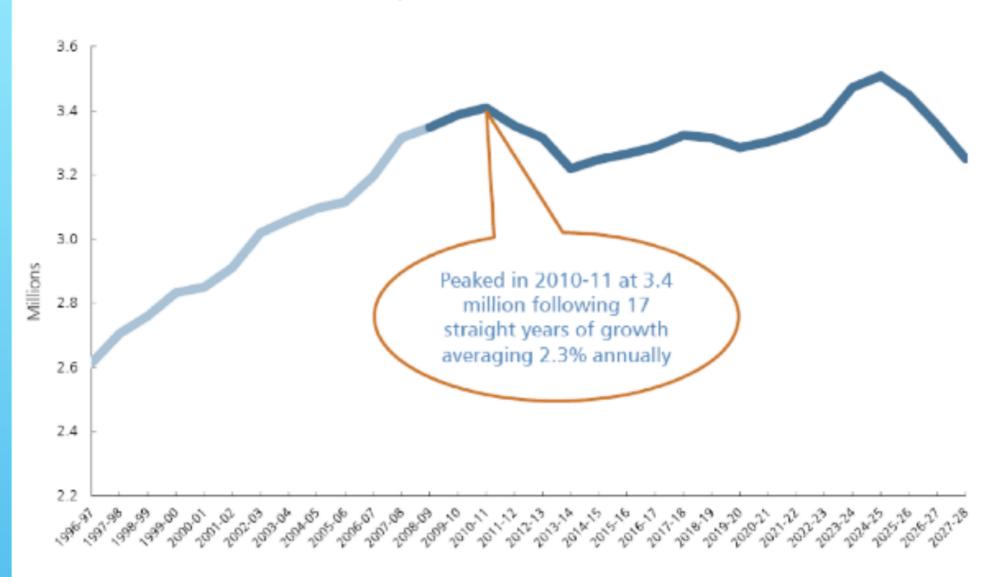
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U.S. Public and Nonpublic High School Graduates, 1996-97 to 2027-28



Application Process

Research 10-20 schools

Apply to approximately 5-9

Couple of reach schools

Couple of target schools

Couple of likely schools

Couple of safety schools

Keep an open mind

Look for the best fit, not necessarily the best brand name

Everyone's Reach

Harvard, Dartmouth, Princeton, Yale, Brown, Columbia, Georgetown, Bowdoin, MIT, Swarthmore, Cornell, U/Penn, Stanford

UVA, University of Michigan, Cal Berkeley

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ACADEMIC

What is Best Fit?

- * Offers the course of study you want to pursue—and will provide opportunities for you to explore if you are undecided.
- * Provides instruction and learning opportunities in a manner that is compatible with the way you like to learn.
- * Is a good match for your level of ability and academic preparation.
- * Provides a community that feels like home.
 - Peter Van Buskirk

Admissions Committee



Components of the Application Process

- Type of Application (ED, EA, rolling, regular, etc.)
- · Deadlines
- · Standardized Tests—SATs, ACTs, Subject Tests
- The Application Itself—Common App, School-Specific Applications, etc.
- · Letters of Recommendation
- · School Counselor Packet

College Application Deadlines

- Early Action and Early Decision Usually November 1st or November 15th
- State & Private Colleges and UniversitiesDeadlines usually begin January 1st through mid-April
- California State Universities Available late September . . . Submit Oct - Nov 30th only!

Admissions Options

NON-RESTR	ICTIVE APPLICA	TION PLANS	RESTRICTIVE PLA	
REGULAR DECISION	ROLLING ADMISSION	EARLY ACTION (EA)	EARLY DECISION (ED)	RESTRICTIVE EARLY ACTION
Students submit an application by a specified date and receive a decision in a clearly stated period of time.	Colleges review applications as they are submitted and render an admissions decisions throughout the admissions cycle.	Students apply early and receive a decision well in advance of the institution's regular response date.	Students make a commitment to a first- choice institution where, if admitted, they will definitely enroll.	Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED, EA, or REA to other institutions.
Non-Binding	Non-Binding	Non-Binding	Binding	Non-Binding

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Standardized Testing



	SAT	'Calen	dar	
	colleg	reboard	com	
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ACT Calendar actstudent.org

		Registratio	o Ceadifree"		
Test Date	ACT Regular Beadline		Late Registration Deadline		
September 10, 2015	ACT or ACT with Writing	August 7, 2016	August 19, 2015		
October 22, 2016	ACT or ACT With Writing	September 16, 2016	September 30, 2016		
December 10, 2015	ACT or ACT With Writing	November 4, 2015	November 18, 2015		
February 11, 2017	ALT or ACT With Writing	January 13, 2017	January 20, 2017		
April 0, 2017	ALT or ACT With Writing	March 3, 2017	Narch 17, 2017		
June 10, 2017	ACT or ACT with Writing	Way 5, 2017	Page 19, 2017		



Score Choice—SATs & Subject Tests

Scene Choice gives students the option to choose which scores (by our date for the SAT and by individual test for SAT subject Testo) yearsed to collegen-in accordance with an institution's stude donre-on practice. You can choose scores from our, several, or all SAT test dates.

> For more information on Score Choice, visit the College Board's website. www.collegeboard.com

Score Choice—SATs & Subject Tests

Test Date	Critical Reading	Math	Writing
May 2010	450	510	530
June 2010	440	550	570
October 2010	500	530	560

**In this example, the student should submit his or her June and October 2010 SATs

SAT Calendar collegeboard.com

	SAT Reasoning	Registration	Deadlines*	Offered at
Test Date	Test and SAT Subject Tests	Regular Deadline	Late Registration Deadline	Shrewsbury High School?
October 1, 2016	SAT or Subject Tests	September 1, 2016	September 16, 2016	Yes
November 5, 2016	SAT or Subject Tests	October 7, 2016	October 21, 2016	Yes
December 3, 2016	SAT_or Subject Tests	November 3, 2016	November 18, 2016	No-St. John'
January 21, 2017	SAT or Subject Tests	December 21, 2016	January 3, 2017	No
March 11, 2017	SAT Reasoning Test Only	February 10, 2017	February 24, 2017	No-St. John'
May 6, 2017	SAT_or Subject Tests	April 7, 2017	April 21, 2017	Yes
June 3, 2017	SAT or Subject Tests	May 9, 2017	May 19, 2017	No-St. John'

Score Choice—SATs & Subject Tests

Score Choice gives students the option to choose which scores (by test date for the SAT and by individual test for SAT Subject Tests) you send to colleges—in accordance with an institution's stated score-use practice. You can choose scores from one, several, or all SAT test dates.

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ACT Calendar actstudent.org

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October 22, 2016	ACT or ACT with Writing	September 16, 2016	September 30, 2016
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February 11, 2017	ACT or ACT with Writing	January 13, 2017	January 20, 2017
April 8, 2017	ACT or ACT with Writing	March 3, 2017	March 17, 2017
June 10, 2017	ACT or ACT with Writing	May 5, 2017	May 19, 2017



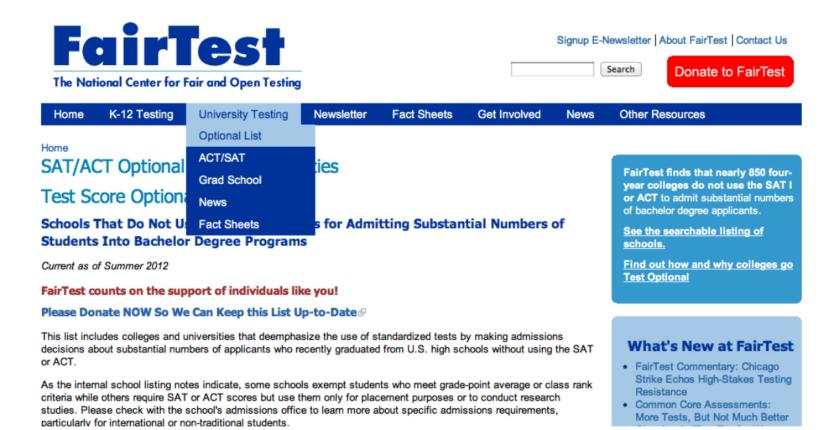
Sending Test Scores

Students are responsible for sending SAT, ACT, and SAT Subject test scores to the colleges to which they apply. They are also responsible for sending their test scores to any scholarship agency, the NCAA, and other institutions as required.

Shrewsbury School Counselors / Registrar are not allowed to send test scores to any organization at any time.

SAT-Optional Schools

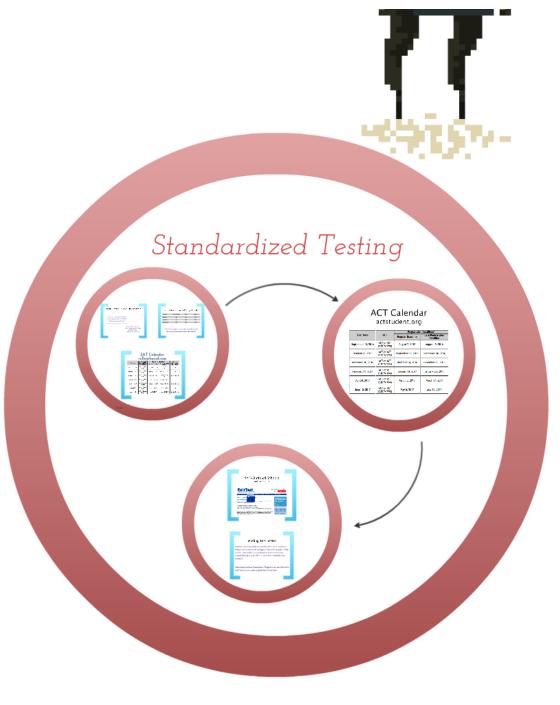
www.fairtest.org



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commonapp.org



Teacher Recommendations

Teacher Recommendation: follow the directions of the college—usually 1 - 2 teacher recommendations required

Supplemental recommendations:

Caution: does not replace required teacher or counselor recommendations; colleges will choose what they read

Teacher Recommendations (cont.)

- · Will be mailed electronically with the school counselor
- Teachers complete all forms online—no need to provide teachers with envelopes, stamps, college forms
- · Student asks teacher at least one month prior to deadline
- Send thank you notes to staff who have written letters of

Types of Applications

Common Application

- 500+ schools accept the Common Application
- · Completed online

• Supplements School-Specific Applications

- · Completed online or paper (online STRONGLY preferred)
- · Keep track of usernames and passwords for each account

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- 500+ schools accept the Common Application
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- Supplements

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commonapp.org

THE COMMON APPLICATION



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commonapp.org



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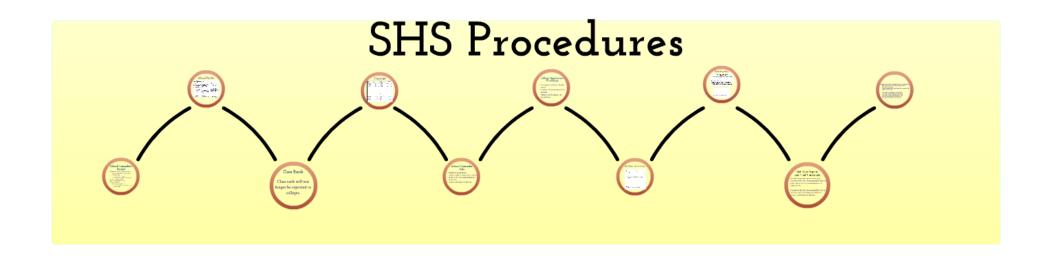
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 Send thank you notes to staff who have written letters of





Transcript Request Forms

Complete one Transcript Request Form for each college

- \$5 per transcript—no need to supply us with envelopes or postage
- Must be submitted at least 10 school days prior to the application deadline:

November 1st Deadlines: October 18th November 15th Deadlines: November 1st December 1st Deadlines: November 14th January 1st Deadlines: December 12th January 15th Deadlines: January 3rd

Mid-Year Reports and Final Transcripts

Provided a transcript request form is on file, Shrewsbury High School **automatically** sends first quarter grades and first semester grades to all colleges on file.

Shrewsbury High School **automatically** sends the final transcript to the college the student has chosen. This is mailed in mid-June.

Parent Brag Sheet

Shrewsbury High School - Guidance Department Parent/Guardian Questionnaire

Early planning and preparation are essential ingredients to a successful college planning process. As a parent/guardian, your responses and insights can add a very important dimension to your student's college/career search and planning. Your responses to this questionnaire will inform your son's/daughter's counselor to write a more substantive evaluation of your child. You will be most helpful when you are specific with your descriptive statements and when you give examples or anecdotal information.

Be serious; be funny; be honest; be proud.

Please feel free to use a separate sheet if your comments do not fit in the space provided. We will assume that you have shared your responses with your son/daughter unless you tell us otherwise. Your responses are greatly appreciated.

You may email your responses directly to your son's/daughter's school counselor or mail them to the high school. Please return the forms by May 1.

- What do you consider to be his/her outstanding personality traits? Please use specific examples or illustrations of these personality traits.
- What are some of the most outstanding accomplishments of your child during the past four years?
- In what areas have your child shown the most development and growth during the past four years?

Bio Sheet On Naviance

Bio Sheet 1. Please list your school activities (i.e. Band 9,10,11); include offices held: 2. Please list out-of-school activities and give details (i.e. Scouting, volunteer work/community service, Sunday School teaching/other church affiliation, internships, etc.): 3. Please list work experiences and explain job responsibilities: 4. Please list any significant summer activities while in high school (i.e. Internships, academic summer programs, sports camps, travel, volunteering.):

College Application Workshops

- Conducted in all Senior English classes.
- Students will receive Senior Year time line.
- Naviance and Common App preparations.

School Counselor Role

- Individual Appointments: students makes an appointment directly
- Write a letter of recommendation for each senior
- College Application Workshops

Transcript

Grade 9 Sem 1 Sem 2 Grade 10 Sem 1 Sem 2
Algebra & Geometry II Honors B 2.50 A 2.50 Advanced Math I Honors A 2.50 B 2.50 A 2.50
World Civilization 5 2.50 A- 2.50 Spanish in Honors 6+ 2.50 A 2.50
Cr. 32.50 Cr. 32.50
Grade 11 Sem 1 Sem 2 Grade 12 Sem 1 Sem 2
08-09 Shrewsbury High School Advanced Math II Honors A- 250 A 2.50 A 2.50 AP Calculus AB B 2.50 B+ 2.50 AP Calculus AB B 2.50 B+ 2.50 AP Calculus AB AP Calculus AB B 2.50 B+ 2.50 AP Calculus AB AP Calculus AB B 2.50 B+ 2.50 AP Calculus AB AP Ca

Class Rank

Class rank will not longer be reported to colleges.

School Profile

Shrewsbury High School Profile information for college admissions officers

Community

Population: 33,622

Shrewsbury is located in Central Massachusetts, five miles east of Worcester and thirty miles west of Boston. Shrewsbury is a residential town with a significant amount of industry and businesses in the community. The public school system consists of one early child-hood center, four elementary schools, two middle schools (one for grades 5 & 6 and one for grades 7 & 8), and one high school (grades 9-12).

Mission Statement

The Shrewsbury High School community provides challenging, diverse learning opportunities; promotes creativity and independent thinking; and empowers students to become capable, caring, active contributors to the world in which they live.

Guidance Department Phone: 508 841-8813

Fax: 508 841-8853 Email: [name] @shrewsbury.k12.ma.us

Caren Husson khisson® 508 841-8778

Karen Husson khisson® 508 841-8813

School Information

CEEB Code: 221-930

Enrollment 2008-2009: 1639 students (426 seniors)

Graduation Requirements

Shrewsbury High School has established fundamental guidelines that are essential for a well-educated Shrewsbury High School graduate. To graduate from Shrewsbury High School, a student must complete a minimum of 105 credits. A semester of work in a course that meets daily gives 2.5 credits. A full year's work in a course gives 5 credits. The minimum graduation requirements are as follows:

English 20 credits
Social Sciences 15 credits
Math 15 credits
Science 15 credits
Health/Physical Ed. 15 credits
Arts 2.5 credits
Electives 2.5 credits

Additionally, students must pass the Massachusetts Comprehensive Assessment System (MCAS) in order to graduate.

Course Levels

Advanced Placement: AP courses are designed for maximum challenge of the most intellectually curious students. Very substantial initiative and independent work is the norm.

The following AP courses are typically offered:
Art History French Language
Latin
Biology Physics
Calculus AB Psychology
Calculus BC Spanish Language
Chemistry Statistics
English Language
English Literature

The following AP courses are typically offered:
Physics
Physic

Honors: Honors courses involve a high level of intellectual challenge. Substantial initiative and independent work is the norm.

Class Deciles/Grade Point Average

An official percentile rank is calculated at the end of grade 11 and at the end of the first and second semesters of grade 12. All leveled courses are included in the weighted GPA which is calculated as follows:

Grade	AP	Honors	A Leve
A+	5.7	5.2	4.7
A	5.3	4.8	4.3
A-	5.0	4.5	4.0
B+	4.7	4.2	3.7
В	4.3	3.8	3.3
В-	4.0	3.5	3.0
C+	3.7	3.2	2.7
C	3.3	2.8	2.3
C-	3.0	2.5	2.0
D+	2.7	2.2	1.7
D	2.3	1.5	1.3
D-	2.0	1.5	1.0
F	0.0	0.0	0.0

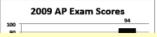
Class of 2009 Future Plans

Four hundred eleven (411) students in the Class of 2009 entered 109 post-secondary institutions in 20 states, the District of Columbia, and Canada.

Percentage continuing full-time: 90%
4-year college 76%
2-year college 14%
Military 1%
Other 9%

AP Exam Scores

One hundred forty-two students in the Class of 2009 (35% of the class) took at least one AP Exam. Overall, 453 exams were administered to students in 2009 with the following results:



School Counselor's Packet

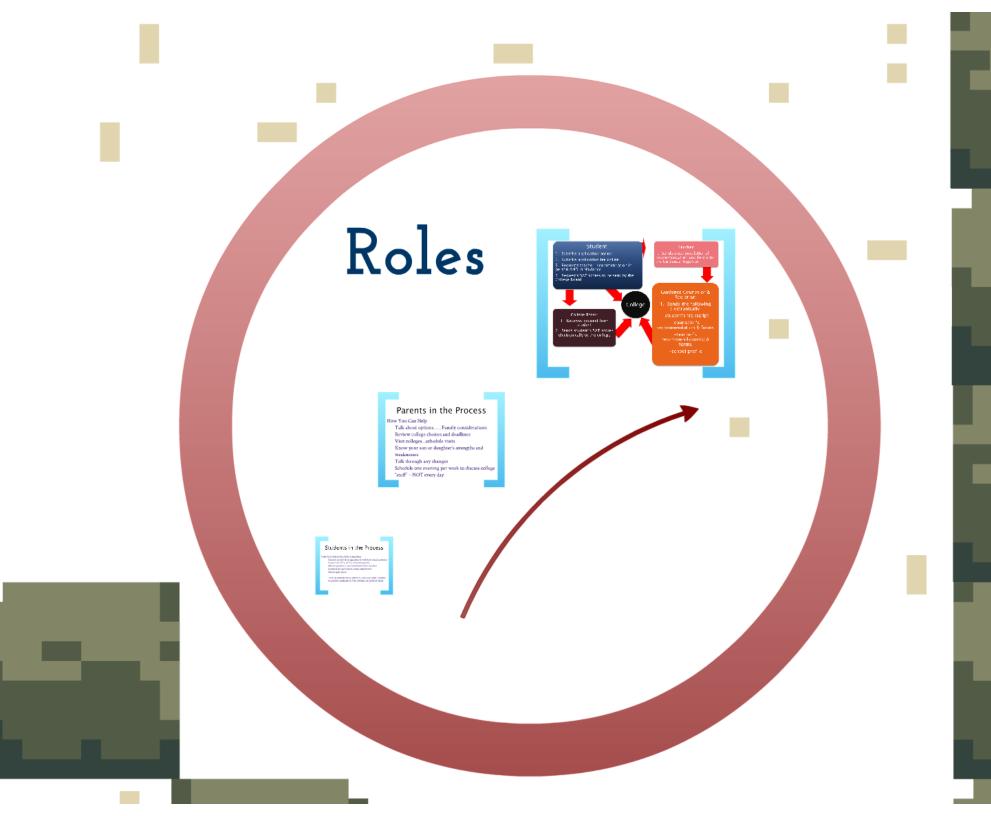
- School Counselor Letter of Recommendation
 - Counselors automatically write a letter of recommendation
 - Bio Sheet, Parent Brag Sheet
 - Individual meeting with their counselor
- Teacher Recommendation(s)
- Shrewsbury High School Profile
- Student's Transcript
 - List of classes in grades 9 12
 - Semester 1 and Semester 2 grades only
 - Student's GPA

Student Athletes

- Potential Division I or Division II Athletes must register with the NCAA at www.ncaaclearinghouse.net
- Inform Mrs. King for transcripts to be sent after registering with the NCAA

Students with Learning Differences

- Before applying, plan to meet with support services during your college visit to assess quality of services offered
- Students must self identify after arriving at college (even though documentation has been sent) and go through an intake interview, discuss accommodations and learn procedures at the college.



Students in the Process

Tasks Your Student Should Be Completing

Schedule an individual appointment with their school counselor

Register for SATs, ACTs, and sending scores

Obtaining letters of recommendations from teachers

Complete the applications, essays, supplements

Submit applications

**EACH SENIOR WAS GIVEN A COLLEGE AND CAREER PLANNING BINDER IN THE SPRING OF JUNIOR YEAR

Parents in the Process

How You Can Help

Talk about options . . . Family considerations

Review college choices and deadlines

Visit colleges...schedule visits

Know your son or daughter's strengths and weaknesses

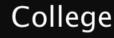
Talk through any changes

Schedule one evening per week to discuss college "stuff" NOT event dev

"stuff" —NOT every day

Student:

- 1. Submits application online
- 2. Submits application fee online
- 3. Requests teacher recommendation in person AND in Naviance
- 4. Requests SAT scores to be sent by the College Board



College Board:

- 1. Receives request from student
- 2. Sends student's SAT scores electronically to the college

Teacher:

1. Sends electronic letter of recommendation and forms to the Guidance Registrar



Guidance Counselor & Registrar:

- 1. Sends the following electronically:
 - -student's transcript
- -counselor's recommendation & forms
 - -teacher's
 recommendation(s) &
 forms
 - -school profile

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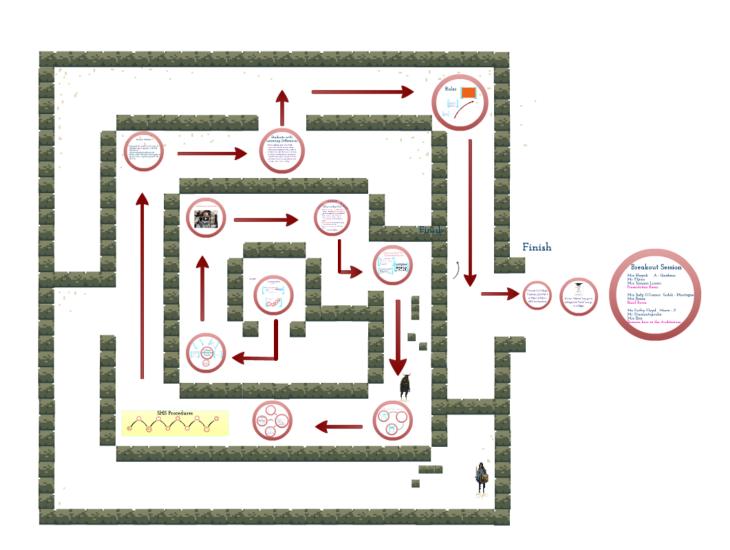
Ms. Susie Eriole: Lal - Montague seriole@shrewsbury.k12.ma.us 508.841.8830

Ms. Kathy Floyd: Morin - Polito kfloyd@shrewsbury.k12.ma.us 508.841.8818

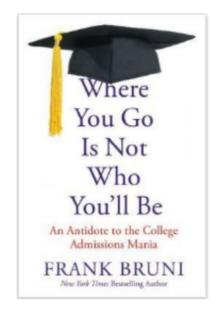
Mr. Lee Diamantopoulos: Poojary - Smith Idiamantopoulos@shrewsbury.k12.ma.us 508.841.8852 Mrs. Jessica Rice: Smolinsky - Z jrice@shrewsbury.k12.ma.us 508.841.8834

Director: Mrs. Nga Huynh A – Baldino nhuynh@shrewsbury.k12.ma.us 508.841.8824

Registrar: Mrs. Gail King gking@shrewsbury.k12.ma.us 508.841.8813 (Mrs. Murphy: Support Staff)



Financial Aid Night Tuesday, October 4 6:30pm-8:30pm SHS Auditorium



It's not "where" you go to college, but "how" you go to college.

Breakout Session

Mrs. Huynh A - Giordano Mr. Flynn Mrs. Jammie Lussier Presentation Room

Mrs. Judy O'Connor Godek - Montague Mrs. Eriole Band Room

Ms. Kathy Floyd Morin - Z Mr. Diamantopoulos Mrs. Rice Remain here in the Auditorium